

GREGG GROST



Graduated from Texas Christian University 1979,
Bachelor of Science, Psychology

NHS Men's Head Golf Coach
Fall 2020- Current

CEO Golf Coaches Association of America (GCAA)
2000- 2024

Head Men's Golf Coach, University of Oklahoma
1986-2000

Head Men's Golf Coach, Lamar University
1981-1985

Married to Michelle Thomas
1992

Daughter Samantha Grost was born in 1996;
graduated from NHS in 2015; married to Ryan
Trousdale in 2019; Granddaughter
Charlotte Trousdale born in 2024.

Gregg Grost was named Men's Golf Coach at Norman High School in the summer of 2020 following the retirement of long-time Boys and Girls Coach Bruce Renfroe.

CEO for the Golf Coaches Association of America (GCAA) since 2000, Grost retired in December 2024.

Grost spent 20 years as a Head Men's Golf Coach in NCAA Division I, including his final 15 years at the University of Oklahoma.

A two-time GCAA National Coach of the Year, Grost led the Sooners to the 1989 NCAA National Championship. Inducted into the Golf Coaches Hall of Fame in 2005, Grost coached 34 All-Americans during his career.

In May 2024, Grost was honored by the Friends of Golf (FOG) and the Ben Hogan Award Foundation as the recipient of the Eddie Merrins Award presented for his Outstanding Service and Leadership in College Golf and the GCAA.

Grost's 2021 and 2022 NHS Tiger teams finished 4th and 5th ,respectively in the OSSAA 6A State Boys Golf Championships. The 2022 team was led by Senior All-State Co-Captain Carson Wright.

In 2023, the Tigers captured the OSSAA 6A State Boys Golf Championship at the Bailey Ranch GC in Owasso. Junior transfer Sebastian Salazar captured the 6A Individual State Championship. Senior Captains Dennon Norman and Quinn Robertson were named All-State following graduation.

During his first four seasons as the NHS Men's Head Coach, seven of his former players have gone on to play college golf.

